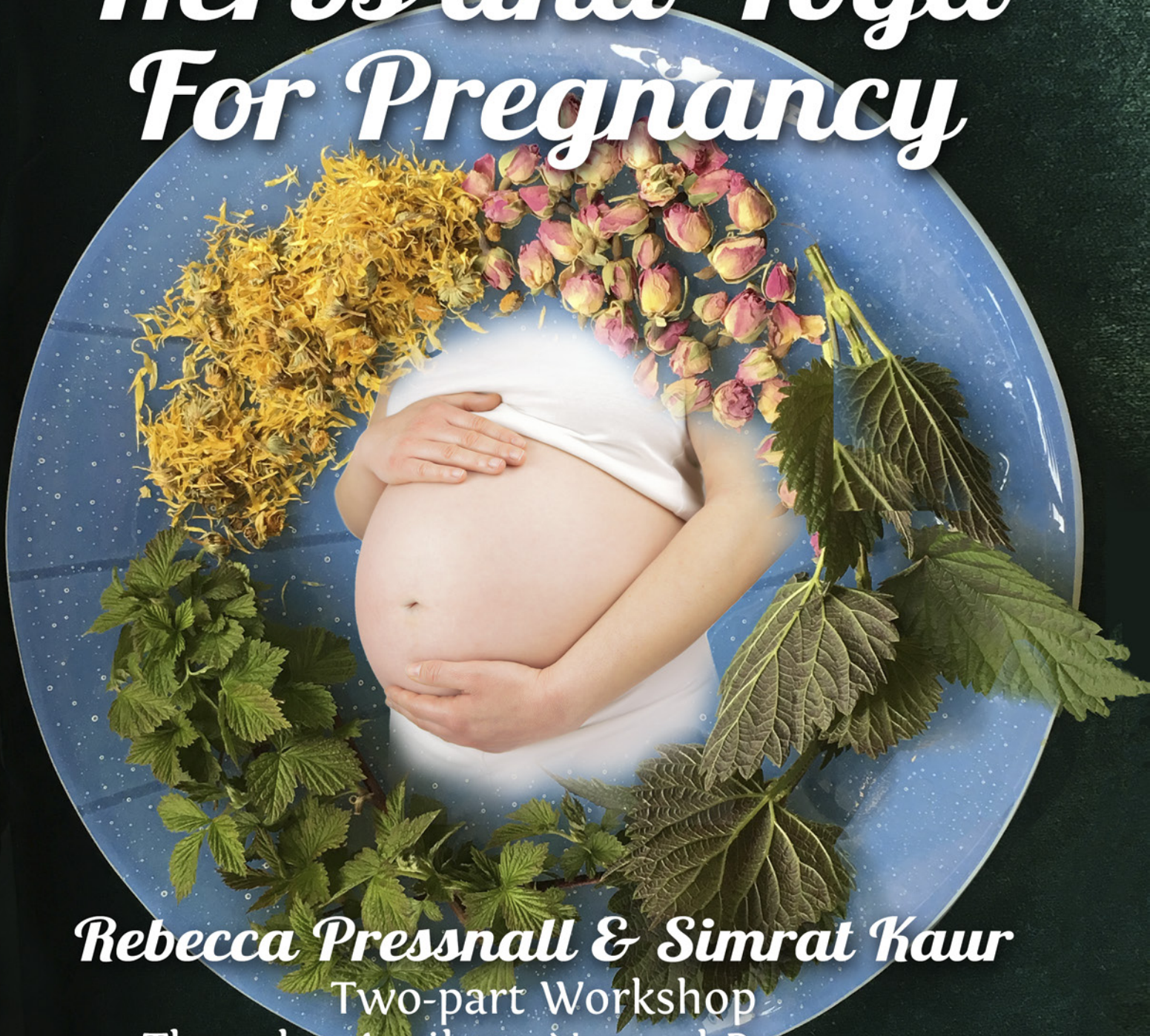


# *Herbs and Yoga For Pregnancy*



*Rebecca Pressnall & Simrat Kaur*

Two-part Workshop

Thursday April 19 - Natural Pregnancy

Thursday, April 26 - Postpartum and Nursing

7-9 pm each evening

\$20 each session - \$30 for both

541 953 8260

Minimum pre-registered needed

*No woman turned away for financial concerns*



[www.YogaWestEugene.com](http://www.YogaWestEugene.com)